

Telecoms, transport, local services and activities.

Mobile signal: Only Vodafone works here.

For EE and possibly other providers, head North to Glencoyne, just past Glenridding; South to Kirkstone Pass; or climb a hill!

Phone Box: Public call box in Patterdale just South of the White Lion.

WiFi: None at the Hut. The White Lion Patterdale has free wifi for patrons as do other pubs/cafes in Glenridding.

Shops:

Local basic shopping *Patterdale Post Office*. Open 08.30 - 17.30 most of the year, half day closing in winter Weds and Sunday. Open as Post Office Monday, Tuesday until 15.00, Weds am and Thurs am.

More shops in Glenridding, 1 mile north, including *Catstycam the Outdoor Shop*.

Pubs and cafes in Glenridding and Patterdale.

Supermarkets and more shopping opportunities, library, swimming, climbing wall etc, in Penrith, Kendal, Keswick.

Train:

Nearest station is Penrith, North Lakes (13 mls, or half an hour by car, 1 hour by bike).

The bus station is right outside the train station. Connections are less than perfect so please check bus timetable.

Bus: 508 Penrith - Patterdale, all year. Live timetable link:

<https://www.stagecoachbus.com/routes/cumbria-and-north-lancashire/508/windermere-penrith/xnbo508.i>

In summer an extra service beyond Patterdale goes south over Kirkstone to Windermere/Bowness, also north to Keswick.

Bike.

Plusbike is the info site to help answer all questions regarding travel by rail and onwards by bike. http://www.nationalrail.co.uk/stations_destinations/118390.aspx

Medical: Doctor/Nurse at Glenridding Health Centre. Appointments and minor emergencies. **017684 82297**

<http://www.glenriddinghealthcentre.co.uk/index.htm>

Penrith Hospital for patch-ups (minor injury clinic),

Carlisle hospital for major health issues/emergencies.

Ambulance: call 999 or NHS 111.

Dentist: Dental emergencies, Penrith:
<https://www.stricklandgatedental.co.uk/>
017688 65744

Ferry:

A great service to help gain access to many more areas without using cars. 'Ullswater Steamers' operate all year round from Glenridding, serving Howtown, Aira Force (new) and Pooley Bridge. 017684 82229.
<https://www.ullswater-steamers.co.uk/timetable-fares/>

Activities:

Walking or running from the Hut in all directions; Place Fell and the High Street range are behind the Hut (East), and the Helvellyn/Fairfield range is in front to the West. Winter climbing very handy on Helvellyn.

The Ullswater way is a 20 mile path around Ullswater and it goes past the George Starkey Hut.
<http://www.ullswater.com/the-ullswater-way/>

There are mountain biking opportunities from the front door, also canoeing, kayaking and sailing on Ullswater.

There is convenient local rock climbing by walking direct from the door; Eagle Crag Grisedale; Dove Crag in Dovedale; Scrubby Crag in Deepdale and the classic scramble on St Sunday, Pinnacle Ridge. Further afield by driving: Gowbarrow by Ullswater, 10 mins; Bram Crag Quarry, Castle Rock and Raven Crag in Thirlmere, 30 mins. Shepherds Crag in Borrowdale, 45 mins. Langdale, 50 mins and Dow Crag via Coniston, 80 mins are also accessible. Climbing guide books.

<https://www.amazon.co.uk/Lake-District-Rock-Climbs-Guide/dp/0850280451>

Scrambling guide books.

https://www.amazon.co.uk/50-Best-Scrambles-Lake-District/dp/0715300695/ref=sr_1_6?s=books&ie=UTF8&qid=1515523508&sr=1-6&keywords=scrambles+in+the+lake+district
